

The importance of Vastu Shastra when it comes to buying a house for yourself is undeniable. From the position of the main entrance to the interiors, homeowners make sure every single detail of their house is Vastu-compliant.

If your plans include buying an east-facing property or a renovation is about to take place, you'll be glad to hear that an east-facing house is considered auspicious. Nevertheless, there are a ton of things you need to take care of, including several dos and don'ts according to east facing house in vastu shastra.

Here's everything you need to know!

What is Meant by East Facing House in Vastu Shastra?

East facing house Vastu generally means building or renovating a house in a way that it aligns well with the principles of Vastu Shastra, focusing on the main entrance facing the east direction. As mentioned earlier, an east-facing house is considered to be auspicious, and it even attracts positive energy to the house.

Apart from that, if you follow the east facing home vastu, you must have two entry gates, but make sure that they aren't placed in a straight line. Taking care of some essential considerations like that, you can ensure the smooth flow of positive energy within the house.

East Facing House Vastu Tips that Could Be Beneficial

As you already know, the Sun rises in the East. Hence, having an east-facing home means harnessing the morning sun for health, clarity, and growth. Moreover, the east is ruled by Lord Indra, who ensures prosperity, growth, and positive energy.

That said, here are some key placements to keep your space balanced.

Entrance or Main Door

Place the main door on the 5th pada of the east wall (most auspicious). If space is tight, you can include 3rd/4th (and in some guides 6th/7th), but avoid the extreme north east edge (1st/2nd) and the south east corner (8th/9th).

Nevertheless, if your door is near north northeast, leave a ~6-inch gap from the corner. Keep the entry bright and uncluttered.

Bedroom

Keep the master bedroom in the southwest for stability and sound sleep. Children's/guest bedrooms work well in the northwest (good for focus and progress).

Kitchen

The best spot is the southeast (Agni) corner. If that's not possible, northwest is the accepted alternative. While cooking, face east in a south-east kitchen and west in a north-west kitchen. Avoid the northeast for kitchens.

Bathroom

Prefer northwest (clean exit of waste) or southeast. Avoid the northeast (spiritual zone) and keep bathrooms away from the center (Brahmasthan). Ensure strong ventilation and proper drainage.

Pooja Room

Place the pooja/meditation space in the northeast (most pure and serene). If NE isn't available, the east zone works too. Keep this area quiet and uncluttered.

Kids' Bedroom

Place the kids' bedroom in the northwest direction, as it supports concentration, routine, and steady growth for children.

Staircase

Avoid a staircase in the northeast or in the center of the home. Instead, place it in the southeast or northwest and keep it clockwise.

Colors

According to the east facing house vastu, fresh tones that amplify daylight. Soft greens, blues, and clean whites (with subtle pastels) suit east-facing homes beautifully.

Dos and Don'ts According to East Facing House in Vastu

Making sure of each East Facing house Vastu consideration, you also need to take care of these dos and don'ts.

Dos As Per East Facing House in Vastu Shastra

- Keep the main door as the largest door in the house and use a wooden nameplate.
- Make sure to add plenty of windows on the East side of your house to allow sunlight.
- Keep the northeast corner of your house clean and clutter-free.
- Keep a crystal globe in the northeast zone of your house, considered best for students.
- Construct the walls in the North and East slightly shorter and thinner than the South and West.

Don'ts As Per East Facing House in Vastu Shastra

- Don't place the kitchen in the northeast directly.
- Do not have a staircase in the northeast corner, which can lead to financial losses.
- Don't keep the washrooms and bedrooms in the northeast and southwest corners of your house.
- Don't plant trees in the north or east direction of your house.
- Don't add a septic tank in the northeast corner of your house.

Benefits of East Facing House in Vastu Shastra

An east-facing house is considered highly auspicious in Vastu Shastra because it invites the first light of dawn, symbolizing fresh beginnings, clarity, and positivity. With the right planning, this orientation naturally supports harmony, health, prosperity, and balanced energy flows throughout your home.

- **Early Morning Sun Vitality & Wellness:** With the sun rising directly into your home, you get gentle, cleansing light that enhances health, mood, and natural energy.
- **Strong Inflow of Positive Energy:** Eastern orientation encourages bright energy and a steady flow of positivity into living spaces.
- **Growth, Success & Prosperity:** An east entrance and thoughtful layout help in attracting prosperity and favorable results for the occupants.
- **Balanced Lifestyle & Peace:** The layout in sync with eastern energy supports calm, balanced living and harmonious relationships.

- **Better Natural Lighting,** Less Artificial Use Rooms facing or opening to the east receive soft daylight, helping you rely less on electric lighting.
- **Spiritual & Ritual Harmony:** Paired with a northeast or east pooja space, the home fosters a sacred, devotional ambiance.

If you need expert advice on East Facing house Vastu, or want personalized tips while planning, constructing, or renovating your dream home, Talk to an Vastu Expert on Astroyogi) and bring positivity, prosperity, and balance to every corner of your space.

Read also:

- North Facing House
- South Facing House
- West Facing House